

Fall 2022 Survey Results as of 12/27/2022

What have you liked most about the griefShare video Seminar

The fact that they address so many things that I was thinking - the video covers so many details

Ability to share freely without judgment

It helps me relate to others

Being with others who have a major life event in common

The discussion - we had a good group with a lot of people willing to talk and it was great

Has GS had any impact on your life? If so, how?

It has provided comfort and the ability to open up about thoughts

Most definitely - it has deepened my relationship with God - feel like I know Him even more than before

It makes me feel calm, and I can feel normal somewhat

Has given an opportunity to help others with questions from group members and video

GriefShare definitely helped me deal with my loss & my struggle in coping with it

How could we improve GS the next time?

I like skipping ice breaker (don't need it). Discuss homework even if people don't do it.

More publicity

Dividing into smaller group if there are a lot of people

What was your discussion group experience like?

It was positive

Loved it

Comfort, I enjoy listening to others. It gave me peace

Good supportive

Really good - a lot of people shared their experiences.

What was your experience with your support group facilitators?

It was positive

Love it

Excellent

I felt very comfortable with this group

Wonderful - Tracy and Diane are awesome

Any Suggestions for improving the group?

I like the library

Reaching out individually to others who are shy and don't talk that much.

How was the timing of the Fall 2022 - should we continue ending in December, or should we end earlier?

I thought the time frame was fine

I would like to have this program to finish the first part of Dec or last of November

Time frame is good & Loss of Spouse would be good

I like the current time frame - maybe a little earlier and end a week or two earlier