

Signs of the Spirit of God:

- Fits with teaching of Church; serious
- Gives light to the soul
- docility (compliant, easily taught)
- discretion
- no hurriedness or exaggerations
- humble thoughts
- confidence in God
- rightness of intention
- patience in suffering
- self-denial
- sincerity and simplicity in conduct
- no attachments not even to the gifts
- great desire to imitate Christ in all things (a very strong sign)
- gentleness
- kindness

Signs of the evil spirit: (the opposite of God's Spirit)

- spirit of falseness or lie
- darkness
- restlessness in the soul (doubt & rebel)
- a bold, obstinate spirit, many indiscretions
- feels forced or hurried
- prideful thoughts and feelings
- lack of hope
- disobedience, vanity
- impatience
- self-satisfaction, rebellion of the passions
- hypocrisy, pretense
- attachment to earthly things
- forgetfulness of Christ and of imitating him (It's all about me!)
- curt, rough, hurtful to others
- a false charity including bitter zeal, indiscretion